

Study visit to Uganda and Rwanda

Pharmacists without borders Sweden

Participants; Members of the board of FuG Sweden, invited volunteers and representatives of FuG from other Nordic countries.

Number of participants; Maximum 15

Costs; The costs for the study visit will be on each participants own expenses.

Tentative Time; February 2018

Travelling; With KLM Stockholm – Amsterdam – Entebbe, Kigali – Amsterdam Stockholm

Costs Approximately 24.829:- per person according to programme. Note! costs can be changed due to unforeseen price changes, currency exchange rates or other reasons.

Preliminary Programme;

Day 1 (Wednesday February 14)

Travelling to Entebbe Uganda via Amsterdam

Departure Arlanda Stockholm 06.20

Arrival; Entebbe 22.25 (no time difference).

Transfer from airport:

Accommodation Boma: Hotel (Mid range) Shared double room, bed and breakfast

Single room; Extra cost

Day 2 (Thursday February 15)

Morning; Guided tour in Kampala city including lunch .

Tentative meeting; Pharmaceutical association of Uganda or other local organisation (if possible, not yet decided)

Afternoon; Travelling by car/bus to Lyantonde.

Stop at the Equator for afternoon tea.

Accommodation; Court Yard Hotel (Mid range) or Sky Blue Hotel (Budget). Hotel in Lyantonde on Full Board basis meals. Shared double room.

Single room; Extra cost

Evening; Dinner at Hotel.

Day 3 (Friday February 16)

Kick off meeting for the projects with RACOBABO and OCE.

To be arranged by local partners in SALAMA Shield Foundation;

Presentation of the project.

Lunch

Official start of project.

Dinner together with partner organisations.
Accommodation; Court Yard or Sky Blue as Day 2, Lyantonde.

Day 4 (Saturday, February 17)

Morning; Field study, visit to a health care center in the Lyantonde district including meeting with a network of PLHIV. See the countryside of Lyantonde district.
Pack lunch.
The field visit to be arranged by our local partners.
Afternoon; Optional. Visit to nearby located small national park.
Visit to Ntonde cliff and Lyantonde town.
Dinner at the hotel.
Accommodation; Court Yard or Sky Blue as Day 2, Lyantonde.

Day 5 (Sunday, February 18)

After an early morning breakfast, explore the park with a game drive in search of animals like: zebras, impalas, topis, buffalos, elands. Bird watching opportunities are excellent here, with about 313 bird species recorded here including the rare shoebill stork, White-winged Warbler, Crested Francolin among others. After exploring the park in a car, return to the lodge for lunch before heading out for a boat ride after lunch that gives you the chance to view water animals like; Crocodiles, Hippopotamus and water birds including; Fish Eagles, Pelicans, Black crane, Heron, Cormorant, and the rare shoebill stork. Return to your lodge for a relaxed evening, dinner and overnight.
Accommodation; Court Yard or Sky Blue as Day 2, Lyantonde.

Day 6 (Monday, February 19)

Travel from Lyantonde to Bwindi Forest in either Kisoro or Kabale districts. You will have an optional evening community walk/Nature walk.
Accommodation at Mutanda Chameleon Hill Lodge(Mid range/Luxury) /Gorilla Mist Camp(Budget) on Full Board basis meals.

Day 7 (Tuesday, February 20)Gorilla tracking and transfer to Kigali

Visit to the national park for gorilla tracking. Enjoy an early morning breakfast and transfer to the park headquarters to be briefed about the “dos and don’ts” while with the gorillas.
The trekking may take about 1-6 hours depending on the movement of the gorillas in the jungle. You will be in the company of the gentle giants for a maximum of an hour, enjoying them feeding, playing around as you do photography.
After the gorilla tracking adventure, drive to Kigali (including short stop at Artisan and Handicraft market in Kigali city) Hotel Beausejour on bed and breakfast.

Day 8 (Wednesday, February 21)

Morning; Guided tour in Kigali and visit to the Genocide Museum.
Afternoon; Own activities in Kigali
Accommodation; Hotel Beausejour, bed and breakfast.
Shared double room

Day 9 (Thursday, February 22)

Morning; Meeting with ANSP+ for presentation of the joint project with OCE and ANSP+
Participation maybe also of 1 – 2 persons from OCE, Lyantonde, Uganda.
Presentation of the ANSP+/OCE project
Kick of meeting for the project.
Lunch
Possibility for shopping or visit to Kigali City.
Check out from hotel

Transfer to Kigali Airport Return flight KLM via Entebbe and Amsterdam. Departure ca 22.25
Arrival in Arlanda Stockholm 08.55

PRICE (Preliminary);

Net price per person for the above itinerary based on 15 pax.

USD 2,268 per person (Mid range accommodation) Exchange rate; 8,45; SEK 19164:-

USD 2,058 per person (Budget accommodation)

**Travelling; KLM Stockholm – Amsterdam – Entebbe / Kigali – Entebbe – Amsterdam – Stockholm
SEK 5665:-**

TOTAL COST; SEK 24.829:-

Prices can be changed due to unforeseen changes of travelling costs, exchange rates or accommodation.